



Your Journey Begins Here

STUDENT PROFILE | James Crager

Bachelor's in kinesiology paves the way for recent program graduate



James Crager
BS, Kinesiology
Class of '19

James Crager is an avid mountain biker and workout enthusiast. He's also the proud recipient of a brand-new bachelor of science degree in kinesiology, earned through Concordia-Chicago's highly ranked accelerated degree program (ADP).

Crager chose kinesiology because it's an excellent pathway to realizing his ambition of building a career as a physician assistant. With a bachelor's degree in hand, Crager plans to apply to physician assistant programs this fall.

Crager was successful as an ADP student because its flexibility conformed to his busy life. He's a husband, a father of two, and has a full-time job on the heart team in an operating room.

"Without Concordia-Chicago's accelerated degree program," Crager explains, "I wouldn't have been able to attend class as a full-time student. That said, I really enjoyed the process and loved that the classes were either five or eight weeks long."

Crager is quick to recommend kinesiology and ADP to those seeking to integrate degree completion with the demands of family and work. He says, "I would recommend the Concordia-Chicago path, as you are given the opportunity to engage with others through evidence-based practice in a setting that allows you to go to class at home and on your own time."

WHY KINESIOLOGY?

An undergraduate degree in kinesiology provides students with a fundamental background in health promotion and disease prevention and prepares students to work to curb the national obesity epidemic, improve human movement function, and meet the needs of aging individuals.

PROGRAM DELIVERY

Concordia-Chicago's bachelor of science in kinesiology is a 36-credit major that may be completed in as little as 16 months. The curriculum comprises twelve (12) 3-credit courses, all taken online.

THE FACULTY

At Concordia-Chicago, it's understood that a top-flight education is only possible with best-in-class instructors with real-world experience. The members of our kinesiology faculty combine years of hands-on clinical experience with extensive academic knowledge. Broad experience as educators equips them to find unique ways to promote learning through an all-online curriculum. Many of our faculty have the highest credential available in their field.